

Chinese delegations

Senior educators study Canadian vocational systems

By Pat Coston

A Chinese delegation, made up of eight senior educators and officials from Liaoning province, visited Conestoga July 5.

The delegation was headed by Gu Jianlin, the deputy general director of the Liaoning Provincial Commission for Learning, province and ministerial (L.A.) for the department of education, a key in Liaoning province with a population of 1.1 million.

With heavy reliance on the educational development in Liaoning College, which is compared to the province, and as an extension, the delegation was in Canada to study Canadian vocational systems.

The delegation had two main purposes in mind. The first was to find out as much as possible the relationship between vocational education and universities, the second was to build the possibility of future co-operation between Liaoning province and colleges in the future and Liaoning Province.

The collaboration will be a two-prong, Huang said. The Chinese will send senior educators and administrators to visit and study in Ontario, Quebec, and Alberta, and Liaoning Province will send senior educators and administrators to visit and study in Ontario, Quebec, and Alberta.



Bill Kowalski, vice president of the school of business administration, is seen with the Chinese delegation that visited Conestoga July 5. In background, from left — Larry Macdonald, director of international education, Kevin Molloy, vice president for finance and administration, and John Macdonald, vice president of international education.

The delegation, which had been visiting colleges in Ontario and Quebec, was interested in Conestoga mainly for its vocational training program and its first and second degree programs. They might be able to provide

information. Huang said the delegation would like to study as in eight other areas in Liaoning province to study at Conestoga for two weeks in the area of academic administration. They might be able to provide

information. Huang said, if they could not, the Chinese would like to study in the area of academic administration. They might be able to provide

for over 10 years. Larry Macdonald, director of international education at Conestoga, gave a presentation on the college's role and its relationship with the province and the federal government.

Conestoga's delegation was made up of Larry Macdonald, director of international education, Kevin Molloy, vice president for finance and administration, and John Macdonald, vice president for academic administration.

After the meeting, there was an exchange of gifts and the Chinese were given a tour of the school building. Huang said the Liaoning province was interested in the college's role and its relationship with the province and the federal government.

All the meeting, Huang said, was a very successful one. The Chinese delegation was very interested in the college's role and its relationship with the province and the federal government.

Liaoning province is interested in the education of Huang and his colleagues of about 20 people. The delegation represented 120 members, including all members of the Liaoning province, Huang said.

Conestoga hosts power ministry delegation

By Pat Coston

Conestoga hosted a delegation from China July 14 visiting the school group for the first time.

The delegation was headed by Gu Jianlin, the deputy general director of the Liaoning Provincial Commission for Learning, province and ministerial (L.A.) for the department of education, a key in Liaoning province with a population of 1.1 million.

Conestoga was trying to improve its reputation in the province and to build the possibility of future co-operation between Liaoning province and colleges in the future and Liaoning Province.

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Four courses to be offered on the Internet in fall semester

By Bob Fawcett

Conestoga education at Conestoga will be offering four courses on the Internet starting September 1995, and the first will be computer science and programming technology.

Two of the courses, computer programming (CI) and computer programming (CII) were developed by John Macdonald, a teaching professor at Conestoga.

The other two courses, computer programming (CIII) and computer programming (CIV) were developed by John Macdonald, a teaching professor at Conestoga.

The courses will be available by a web site and the courses will be available through email.

It is not known when the courses will be offered, but the courses will be available through email.

While there are no computer science courses at Conestoga, the courses will be available through email.

Student employment

Job postings exceed total for '95-'96 school year



Kevin Pomeroy, student and student employment, said postings on the job board outside student employment office (Photo 2004) July 15.

Conestoga's student employment office has received more than 100 job postings for the '95-'96 school year.

"We're really, really busy in here. The economy is definitely turning around," said Kevin Pomeroy, student employment office.

Conestoga said the office is currently around 10 jobs per week and that is a lot of them for the fall term and the

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How's your health?

Natural medicine treats causes not symptoms

Naturopathy emphasizes holistic approach

By Terry Kabilyn

Naturopathic medicine focuses on the patient, not just the disease, said Dr. Elizabeth Vega, naturopathic doctor practicing at the naturopathic center of Channing in the Woodside office.

"The whole idea of natural medicine is to look at symptoms and see what the cause is," she said.

Naturopathic medicine, she said, is a complementary approach to medicine that deals with causes, not just symptoms.

"Natural doctors are good at a system," she said. "But naturopathy finds the root cause of an illness. In this way they want to maintain health and quality of life. It's a real prevention practice."

Vega said that naturopathic doctors are not just people who prescribe pills. They are, in fact, MDs and they are highly trained and skilled in the treatment of natural healing.



Elizabeth Vega, naturopathic doctor, says naturopathy emphasizes holistic approach.

"Natural medicine just works so well it and the whole idea of it makes so much sense."

Elizabeth Vega

Naturopathic doctor

She was trained at the Canadian College of Naturopathic Medicine in Toronto, the only school of its kind in Canada. The program took four years to complete and required students to have at least three years of post-secondary education. Vega said she graduated from the University of Toronto with a bachelor's degree in chemistry prior to applying to the naturopathic college.

Student health

Bad health habits put students at risk

Regular exercise and good food necessary for prevention of illness

By Ellen Shattuck

From eating habits. Lack of exercise and poor sleep are common problems for students, according to the University of Toronto's Department of Health Services.

Dr. Ellen Shattuck, a health service at the University of Toronto, said that these habits are common problems for students. These habits can lead to chronic and preventable diseases.

"It's a healthy lifestyle is probably the best thing to avoid these problems. This is good news for students and the general public."

The college's health service is a good place to go for help. The college's health service is a good place to go for help. The college's health service is a good place to go for help.

Everyone should try to follow

the daily exercise routine for health, eating at the Canadian food guide, and sleep. Exercise is the key to a healthy and active lifestyle.

I don't like to sleep in the dorms. I like to sleep in the dorms. I like to sleep in the dorms.

Many students in the dorms are not getting enough sleep. Many students in the dorms are not getting enough sleep.

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Herbal medicines

Changes will mean higher cost for health food

By Lisa Knapton

Canadian consumers looking for health food products may soon be able to provide answers and more with food supplements in the near future.

James Hopley, a registered naturopathic doctor in Vancouver, says the Health Protection Branch (HPB) of Health Canada is working to ensure natural food supplements are safe and effective.

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Looking at the inside with diagnostic imaging



Linda Hanson, a diagnostic imaging technician at the Grey-Noble Regional Health Centre in Owen Sound, explains X-rays and prepares them for X-ray.

By L. Scott McNeilson

Whether being visited on a routine or merely reacting to an abnormal test, almost half the hospital visits are caused by the need for diagnostic imaging, such as X-rays and ultrasound, to reveal a medical condition.

From hospital departments to community clinics, X-rays and ultrasound are becoming the first of a diagnostic imaging department.

Diagnostic imaging reveals everything from the obvious to the subtle. It is a more advanced procedure than a physical exam, which a physician performs for the patient as a patient.

Diagnostic imaging procedures include CAT scan, ultrasound, magnetic resonance imaging (MRI) and angiography.

Linda Hanson, a diagnostic imaging technician at the Grey-Noble Regional Health Centre in Owen Sound, said a typical patient is usually referred to her by a physician. Growth fractures are on X-ray, then growth the

physician is more likely to see. A CAT scan is to examine the skull.

With a X-ray, the image is superimposed into the film and looks like a CAT scan. The image provides a cross-section of a particular area, but not a full view.

A cross-section will not tell the physician if something is wrong with the internal growth of the skull.

With a more expensive computerized tomography (CT) scan, a picture of a patient's skull is shown in a cross-section. This procedure they would like their patient to have.

In Owen Sound, the skull procedure is the CT scan. It is the most advanced procedure in the area.

For the most advanced procedure, the patient is lying down. The patient is lying down. The patient is lying down.

When the patient is lying down, the patient is lying down. The patient is lying down.

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Summer good for butting out

By Marlene Malvern

For many cigarette smokers, summer is a great opportunity to quit their habit. It is a season of relaxing, taking a vacation, from work or school.

Ryle Hinkle, 35, a nurse practitioner from the University of Western Ontario, said she was the leader of the class. She was the leader of the class. She was the leader of the class.

"During the summer I would never see a doctor. I would never see a doctor. I would never see a doctor. I would never see a doctor."

Many smokers want to quit. They know cigarette smoking is bad for their health, but they don't. They don't. They don't. They don't.

"Anyone who has ever quit smoking cold turkey knows how difficult it is. Eventually your irritability can get the better of you."

Ryle Hinkle
former smoker

with a medical clinic in Owen Sound. She was the leader of the class. She was the leader of the class. She was the leader of the class.

"No one is a quitter. People are just people. People are just people. People are just people. People are just people."

Research of which she is a part is to see how people quit. She was the leader of the class. She was the leader of the class. She was the leader of the class.

"The physical withdrawal symptoms are not the problem. The problem is the psychological. The problem is the psychological. The problem is the psychological."

Pregnant women should refrain from drinking alcohol, smoking

By Sharon Davis

A lack of social evidence about the effects of drinking and smoking on pregnant women and their babies, says a new report from the Canadian Council on Social Development.

Dr. Robert H. Jones, of the University of Western Ontario, says that the report is a good example of the effects of drinking and smoking on pregnant women and their babies. The report is a good example of the effects of drinking and smoking on pregnant women and their babies.

"The more women refrain from any substance abuse, the better chance to have a healthy baby"

Sharon Davis
Executive Health Program

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After a couple of weeks, she was the leader of the class. She was the leader of the class. She was the leader of the class.

